



# PREPARE U 2



## 7-Week Course on Preparing for Disasters & Emergencies

### Dates and Location

- Tuesdays & Thursdays  
September 7 – October 21, 2021
- 12:00 noon – 1:00 pm
- Online training

### Tuition and Registration

There is no cost for attending this Prepare U 2021. The course has been funded by the Bay Area Urban Areas Security Initiative (BAUASI).

Registration:

<https://bit.ly/3xcpsWH>

### For More Information

Please contact Lars Eric Holm at [leholm@edenir.org](mailto:leholm@edenir.org) / 510-727-9516 or Ron Halog at [ronh@ilrsc.org](mailto:ronh@ilrsc.org) / 925-421-9246.

**Please note the following:** This course is designed with nonprofit employees and volunteers, and other interested community members in mind. People with Access and Functional Needs are encouraged to participate because preparedness is for everyone!

### Prerequisites

No prerequisites required.



Join us for free, interactive courses to learn about disaster preparedness needs specific to Alameda and Contra Costa Counties. This course is designed to be appropriate for everyone and will focus on personal preparedness, organizational preparedness, government & organization coordination, and much more. While each course topic can work independently, we encourage participants to attend as many sessions as possible, as this series is designed to build connection between the various aspects of preparedness. Join us for an “Hour of Preparedness Power”. Training dates may change.

Topics/sessions include:

### Personal & Agency Emergency Preparedness

Tuesday, September 7 & Thursday, September 9

### Access and Function Needs Preparedness (Regional Course)

Tuesday, September 14 & Thursday, September 16

### Incident Command System (ICS)

Tuesday, September 21 & Thursday, September 23

### County Government / CBO Coordination

Alameda County - Tuesday, September 28

Alameda County - Thursday, September 30

### Volunteer Management

Tuesday, October 5 & Thursday, October 7

### Technical Assistance

Tuesday, October 12 & Thursday, October 14

### Continuity of Operations Plan (COOP)

Tuesday, October 19 & Thursday, October 21

Lead trainers are Lars Eric Holm, the Disaster Preparedness Coordinator for Eden I&R/ 211 Alameda County and Ron Halog, Emergency Preparedness Coordinator for ILR Solano & Contra Costa Counties, along with special guest trainers for specific topics. Ron Halog has been in the non-profit world for over 35 years, and a trainer / instructor for over 30 years. Lars Eric Holm has been involved in disaster preparedness since 2008, previously serving as the Senior Community Educator and IT Specialist, for CARD - Collaborating Agencies Responding to Disasters, a nonprofit based in Oakland California.

**A full course syllabus is available upon request.**