

We want to hear from you!



Help shape how we meet the needs of seniors and disabled adults in our community while supporting their caregivers.

Participate in a focus group to help develop Contra Costa County's 2024-28 Area Plan on Aging.

The Area Agency on Aging (AAA) wants to hear from:

- Seniors age 60+
- Adults with disabilities age 18-59
- Family or informal caregivers

Focus Group Session:

Thursday, October 26th

12 noon to 3:00 p.m.

**1275 Hall Avenue
Richmond**

RSVP 1 day prior to session. Need an interpreter?
Contact us 1 week in advance of session date.

(925) 655-0774

- Face coverings will be provided.
- Emergency Preparedness Kit (\$100 value) for each participant.
- Find out if you qualify for a free iPad with service plan.
- Lunch will be provided.

Full list of focus group dates & locations: Call (925) 655-0774 or visit ehsd.org

Area Agency on Aging

A Division of Aging & Adult Services

